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# **Minimalist**



Sam Siv

minimalist lifestyle, minimalist living, declutter, downsize, simplify your life



## Synopsis

You're about to discover proven steps on how to become a minimalist and simplifying your life...This book contains proven steps and strategies on living a minimalist way of life and embracing the fact that less is more. This can serve as your guide on your journey towards minimalism and help you determine your purpose as to why you are assuming this lifestyle. Moreover, it helps you set your priorities and disregard certain habits or tangible things that weigh you down. You'll Learn:Understand what minimalism isPrinciples of minimalistPrioritizing your lifeHow to organize and declutterEmbracing and enjoying a minimalist lifestyle Download now!Minimalism can become your path to a meaningful life and ultimate happiness. To join the new age of people who are beginning to embrace the lifestyle in order to figure out what is truly important, download this book.

### **Book Information**

Audible Audio Edition Listening Length: 33 minutes Program Type: Audiobook Version: Unabridged Publisher: Sam Siv Audible.com Release Date: November 4, 2014 Language: English ASIN: B00P8DCFZW Best Sellers Rank: #28 in Books > Audible Audiobooks > Arts & Entertainment > Design #600 in Books > Crafts, Hobbies & Home > Home Improvement & Design > Decorating & Design > Interior Decorating #777 in Books > Arts & Photography > Decorative Arts & Design > Decorative Arts

#### **Customer Reviews**

I find the five main principles of minimalism a good foundation guide to start a minimalistic mentality. After reading this book, I realized that I have got a bunch of unnecessary stuff that I have been keeping, and now I decided to get rid of them as I find that minimalism is a key to efficiency, and a way for me to save time and money. This is such an informative read and a helpful guide in dealing with things the minimalistic way. Great book!

A great read if you want to change your lifestyle and spending, The book gives you valuable ways to

save money and really encourages you to change your mindset when spending and using your visa card to purchase items. A must buy for someone looking to start saving money and limit spending.

I really enjoyed reading this book. At times it is repetitive but that seems to have the purpose of reinforcing the concept, which I have found to be intriguing. This is not a quick read, it will require time to let it sink in. I know that I will come back to this book many times for inspiration and validation.

Minimalism is a simple and straightforward guide to declutter your life in the quickest way possible!During these tough times it is important to adopt a minimalist attitude towards everything in life and not just in terms of spending. Saving is a mentality that needs to be incorporated in our minds on a day to day basis .Siv is successful in bringing out this attitude in us.Thanks for the great tips to declutter and progress towards a minimalist lifestyle!

I seem to be on a search lately, whether it is remodeling rooms in my house or trying to streamline my life I am on a constant search it seems. I have never been one for clutter, though I have collections of things, there seemed to be a lot of clutter around me. Since I have had such good success with our Sam Siv books I decided to go ahead and read this one also. I have highlighted a couple of really good tips/ideas and have decided to slowly implement them in my life. I have found some very useful information and suggest this book for those that want to clear out clutter and move to a more minimalist, simple lifestyle.

During these tough times it is important to adopt a minimalist attitude towards everything in life and not just in terms of spending.Today i read this great book "Minimalist". I found a lot of helping information in this book. I think everyone must adopt a minimalist attitude about everything in life. The author wrote this book with full attention. Thanks to author and Highly Recommended !

This book contains all proven steps on how to live a minimalist way of life. The Author really does a good job by providing all the concept of minimalism. You should read this book to simplify your life.

This is such an inspiring read. Everyday, we think we must possess everything that our hearts desired and wanted, even those we don't really need. We thought that is the key to happiness. Upon reading Minimalist, I realized I was among those who had the wrong perception about being

happy with everything I can hold on to. Sam Siv's book proved otherwise. This book demonstrated that a simple life and living in a minimalist way can be fulfilling and endearing, too. I liked how this book tells you how minimalism is achieved, how life should be prioritized, what to do to organize not only your things but your life in the most simplistic way imaginable. I was inspired how being minimal can pave the way to a happier, fruitful and uncomplicated life; how spending less leads to saving more for the future, being productive and satisfied. I believe, the best part of this book by Sam Siv is how he itemized the simple steps on how to declutter and how to embrace the Less is More lifestyle. Minimalist deserves an easy 5 star rating from me. Highly recommended read!

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